

AMERICAN SOCIETY FOR
Pain Management

Nursing
Chapter Resource Committee

Dear ASPMN Chapter Leader,

As you know, each chapter of ASPMN needs to submit an end of year report to the ASPMN Board of Directors by July 31, 2009. We encourage that you submit your report electronically to the ASPMN Executive Office. The Chapter Resource and Membership Committee collate the reports. The Achievement and Recognition Committee evaluates copies of all end of year reports and the Chapter Excellence Award will be selected from these reports. This means that all chapters will potentially be considered for the award without filling out an extra application.

If you have any questions about this form, please contact Beth Crowley in the ASPMN national office at BCrowley@goamp.com.

Sincerely,

Ellyn a. Radson, BSN, RN,C Doreen B. Chimblo. MS, RN,C, APRN-BC, CNOR
radsoea@shands.ufl.edu doreenc@greenhosp.org
352/392-2083 203/863-4456
ASPMN Chapter Resource and Membership Committee Co-Chairs

**American Society for Pain Management Nursing
Chapter Annual Report Form
Due July 31st of each year**

Chapter Name: Northern Virginia Local Chapter of American Society for Pain Management Nursing (NoVA ASPMN)

This report is reflective of information occurring during July 1, 2009 through June 30, 2010

Business

Check those that apply:

- All board and committee meeting minutes are on file
- Chapter needs assessment completed; please attach a copy
- Bylaws reviewed annually ___ no changes changes (attach amendments)

How many years has your chapter been registered (chartered) at the national office? **Since 2007 – a young 3 years completed**

A. List dates of business meetings:

- Sept 24, 2009**
- Nov 4, 2009**
- Jan 5, 2010**
- March 10, 2010**
- May 19, 2010**
- June 22, 2010**

B. List recognition/awards given and chapter funded tuitions/ seminars, and name of recipient(s): **None**

C. List last years goals and how accomplished; or work in progress to accomplish:

Newsletter – initiated and published first electronic newsletter in Oct 2009 and have since successfully published a Quarterly newsletter entitled "NoVA ASPMN Quarterly Notes and News" 3rd edition release in June. Paper Newsletter was sidelined as e-news environmentally correct. Paper available on request.

Membership Growth – As a small, young chapter we are growing in numbers, and yet struggle to get those members active. We have reached 20 members with our goal of 25 just missed.

Participation In Silent Auction – We successfully participated in the Jacksonville Silent Auction having a piece of jewelry created by one of our members, Holly Anderson, up for auction. We also initiated Fund raising Efforts with a 50/50 raffle at our meetings.

Education – We have successfully presented 3 CEU offerings. In addition, one Community Outreach Program was presented which was a new endeavor for the chapter in 2010.

Media/Advocacy/Policy – We continue to have a goal of more involvement on the National Stage in Pain Management. We have had 2 members, Nancy Eksterowicz and Regina Stiles, represent ASPMN National in Congressional briefings on “How Pain Management Education can save health care dollars”, on June 16, 2010. Regina Stiles also continues involvement in The American Society of Interventional Pain Physicians Legislative Conference and will be attending Capitol Hill on a visit to see first hand the legislative process in action.

Website- developed, launched and now maintaining our first website. We can be found at WWW.ASPMN-NOVA.ORG. This was a new endeavor and added goal for this year. Check back often for updates.

- D. List any community service or education sponsored by the chapter:
Wounded Warrior Project Families – Supported the Hospitality House for Wounded Warriors Families, Walter Reed Army Hospital, in Washington, D.C., with relaxation, inspirational, and personal care items for adults and toys for children. Completed in Dec 2009.

Community Service Task Force Created to provide community based education programs: “Pain 101: The Basics of Managing Your Pain”. – Created, developed, initiated and ongoing Jan 2010 - present.

Nancy Eksterowicz – Reviewed a book entitled “No Good Deed: A Story of Medicine, Murder, Accusations and the Debate Over How We Die”, by Lewis M Cohen M.D., which was submitted to Pain Management Nursing.

- E. List chapter committees and chairs:
Budget/Finance – Florence Mooney-Cotter
Bylaws – Michelle Jacques
Education/Research/Website/Newsletter – Michelle Jacques, Gerry Higgins, H. Judy Jenkins, Dee Eldardiri
Executive –Michelle Jacques – President 2010
 - Regina Stiles – Immediate Past President
 - Gerry Higgins – President Elect
 - Florence Mooney Cotter – Treasurer
 - H. Judy Jenkins - Secretary
Media/Advocacy/Policy (MAP) – Regina Stiles
Membership – Michelle Jacques, H. Judy Jenkins
Nominating – Regina Stiles
Community Service Project Task Force – Florence Mooney-Cotter, Michelle Jacques
- F. List any fund-raising efforts:
Silent Auction Jacksonville
50/50 Raffle at meetings
Medical Education Grants – in process
- G. List chapter members that served this year as ASPMN Board of Directors members, Committee Chairs, or Committee Members:
Regina Stiles – Secretary 2010
Nancy Eksterowicz – Immediate Past President
Allison Nisbet – ASPMN Sedation Task Force – Expert Consensus Panel 2009
- H. List any Chapter work with Legislators or Government Agencies:
Regina Stiles – Participated in Congressional Briefing on behalf of ASPMN with Nancy Eksterowicz as well as participation in previously mentioned ASIPP.
Nancy Eksterowicz- Congressional Briefing on behalf of ASPMN on How Pain Management education can save health care dollars
- I. How do you encourage members to be involved with chapter activities?
Personal Contacts
Web Site
E-Mailing
- J. How do you welcome new or transferred members?
Welcome Letter
Introduce at Chapter meeting
Added to Emailing notifications

Membership (attach current membership list)

Check all that apply:

Membership records on file

All chapter members are members of ASPMN (except Honorary Members)

Do you have a chapter newsletter ___no yes (please attach a copy)

How are members reminded to renew their annual memberships?

Web Site annual reminders

Email with initial and repeat mailings

Newsletter each publication

Mailing if no email address available

Current chapter annual dues: **\$20.00**

List the following numbers of members:

Active members	16
International members	0
Student members	0
Honorary members	4
Lifetime members	0
Total number of chapter members	20

New members this year 4

Chapter membership has: ___remained the same increased ___decreased

Educational (enclose conference brochures/flyer)

Minimum of one per year (4 EDU)

Please list educational programs:

Topic	Speaker(s)	Attendance	Sponsor	CEUs
"Why are Headaches Such a Headache?"	Dr. K. George Van Osten	12	Reston Hospital	Yes 1.0
"New Practices in Pain Control"	Joint Meeting with Epsilon Zeta Gerry Higgins MSN, RN-BC Florence Mooney-Cotter	5+Epsilon Zeta numbers (? 40 total)	George Mason University Epsilon Zeta	Yes 1.0

	MSN, RN-BC. CNS		NoVA ASPMN	
"Continuous IV Ketamine Infusions for Intractable Acute Pain and Complex Regional Pain Syndrome"	Christine Rupperecht, MSN, RN-BC	10	Reston Hospital	Yes 1.0
"Pain 101: The Basics of Managing Your Pain"	Florence Mooney-Cotter MSN, CNS, RN-BC Michelle Jacques BSN, RN-BC, CMT Sue Moore, RN	19	NoVA ASPMN American Pain Foundation Inflexxion/ Pain EDU	No

Chapter Goals for upcoming year

Please list:

- 1. Continue to maintain Chapter Newsletter and Website.**
- 2. Expand the Community Service Project to be offered 2x/year.**
- 3. Provide a 1/2 -day weekend educational conference, with long-term goal to create a full-day conference.**
- 4. Continue to investigate Virtual Chapter &/or alternative modes of participation in NoVA ASPMN.**
- 5. Increase member involvement in committees.**

Do you have a research committee? Y_X_N_____

How has your chapter supported pain management nursing research?

Allison Nisbet – Sedation Scale Reliability and Validity. Published 2009

Florence Mooney-Cotter – Sedation Scale Reliability and Validity; Range Order Interpretation; Implementation of findings

Gerry Higgins – Range Order Interpretation; Published 2008; ongoing with implementation of findings

Member – Skin Donor for Research: The National Disease research Interchange (NDRI) was contacted and accepted the donation, which was then used in a research project. The objective of the project is the development of a noninvasive transdermal drug delivery system for controlled release of drug for the treatment of neuropathic pain. Doxepin hydrochloride (DH)

Other

1. Attach a list of Chapter officers and term of office.

President: Regina Stiles: Jan 2009 – Jan 2010

Michelle Jacques: Jan 2010–Jan 2011

VP-President Elect: Dee Eldardiri: 4/2009 resigned

Michelle Jacques: 5/2009

Secretary: H. Judy Jenkins: Jan 2009 - present

Treasurer: Florence Mooney Cotter: Jan 2007 - present

Immediate Past President: Gerry Higgins: 2009

Regina Stiles: 2010

2. List any concerns/problems that your chapter is facing.
 - a. **We continue to have ongoing issues with Membership growth and involvement of new members at the Executive Board level. We are a small Chapter, but we are a very active chapter. How do we generate that enthusiasm?**
 - b. **We are limited in our meeting location options, as we have lost access to one of our major hospital locations as well as the inability to advertise within those settings. We feel this contributes to low turnout for meetings.**
3. How can the National Office assist your chapter?

I am not sure at this time. Continued support. CEU Providership would ease our ongoing need to find a facility willing to provide services, and allow us to expand our search for facilities. Continue to support Chapter sessions at National Conference for Brainstorming.

Signature of Chapter President: signature on file: Michelle M Jacques

Signature of Treasurer: signature on file: Florence Mooney-Cotter

Date: 27 July 2010

Send to: ASPMN Executive Office
Attn: Beth Crowley
PO Box 15473
Lenexa, KS 66285-5473
bcrowley@goamp.com

Financial (attach bank statement)

Check all that apply:

Financial records on file

N/A Annual audit of financial records

Starting balance as of July 1, <u>2009</u>	<u>1686.47</u>
Ending balance as of June 30, <u>2010</u>	<u>1679.01</u>

Assets:

1. Cash	<u>1662.01</u>
2. Accounts Receivable	<u>0</u>
3. Inventories	<u>0</u>
4. Other Assets	<u>0</u>
Total Assets:	<u>1662.01</u>

Liabilities:

5. Accounts payable	<u>0</u>
6. Contributions/Gifts/grants	<u>0</u>
7. Other Liabilities	<u>0</u>
Total Liabilities	<u>0</u>

Net income	<u>-7.46</u>
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Revised 5/2009