

President's Point of View:

Northern Virginia ASPMN is enjoying its first full year as a chartered chapter. We were finally recognized as an official chapter in Tuscan, Arizona in September 2008.

Recognition and thanks are given to the founding members:

- Gerry Higgins
- Dee Eldardiri
- Flo Moony-Cotter
- Holly Anderson
- Alison Nisbet
- Regina Stiles

We remain committed to our mission statement to advance and promote optimal nursing care for people affected by pain by facilitating professional networking, resource, and informational sharing.

Our past year's agenda consisted of three educational sessions, quarterly business meetings and involvement in a community service project with providing the families of "Wounded Warriors" at Walter Reed Army Hospital in DC with welcome baskets containing toiletries and "goodies." The education topics included Sleep and Pain, Wounded Warriors, and Headaches. Our final education session is slated for November 18th and is a joint meeting with Sigma Theta Tau with speakers Flo Cotter Mooney and Gerry Higgins.

Presently, our chapter is using the Reston Hospital as "home base" for our meetings. In the future, we hope to "move around" to different localities to encourage growth and ensure chapter stability.

As we look forward to a brand new year, we are excited about future prospects to develop our own webpage and even the possibility of a virtual chapter involving the whole Virginia Commonwealth! We welcome your ideas and all "techy" people to join us to turn these ideas and plans into reality!

Finally, we are especially honored with the recent September article, "Comparison of Selected Sedation Scales for Reporting Opioid Induced Sedation Assessment," submitted by Allison Nisbet and Florence Mooney-Cotter from the Northern VA Chapter to [The Journal](#). Congratulations to the authors!

Thank you for the support I received this year as your president. As we proudly finish our first full year of being a chartered chapter we look forward to continued growth, new possibilities, and ongoing opportunities to increase pain management awareness.