

AMERICAN SOCIETY FOR PAIN MANAGEMENT NURSING-NORTHERN VIRGINIA CHAPTER

BUSINESS MEETING- JANUARY 5, 2010

Location: offices of Colonial Energy, Fairfax, VA

CALL TO ORDER: The meeting was called to order by President Michelle Jacques at 1845.

ATTENDEES: Gerry Higgins, Flo Mooney-Cotter, Michelle Jacques, H. Judy Jenkins and Regina Stiles.

REVIEW/APPROVAL OF MINUTES: The minutes from the November Business Meeting were amended and approved. The correct treasury balance is \$1588.72.

OLD BUSINESS:

COMMUNITY SERVICE PROJECT: Flo discussed some ideas about organizing the educational piece of the proposed project for this year. She asked for volunteers to help present the material once outlined. The group suggested keeping the educational topics short (20 – 30 Min.) with extra time for questions/answers as this style facilitates adult learning. Some of the topics are medication safety, concerns about pain management, pain resources for the general public, pain myths, pain and addiction as well as pain management especially for the elderly. Flo's church in Reston will likely be the first location and the presentation will use the multimedia approach. In anticipation of that, Flo prepared a handout listing resource websites for pain information (see attached).

VIRTUAL CHAPTER DISCUSSION: Regina reported that Nancy E. would like to set up a one-time conference call to present her ideas on how a virtual chapter might work. She stated PriCara is still interested in supporting such a chapter for Virginia. Some concerns were noted about what might be needed to organize a virtual chapter, would membership participation increase/decrease and what type of time commitment is needed. Regina will work with Nancy and send out communication about the progress and answers via email.

NEWSLETTER: Gerry has drafted the second newsletter and requested more articles before she goes into the final copy for distribution in late January. Some of the issues to be featured are: new research on pain medications, information on our new ASPMN-Northern Virginia Chapter website and a new book released by Chris Pasero. So far there have been no official name suggestions for the newsletter-naming contest. For now it will be named the NOVA ASPMN Newsletter. Distribution will be quarterly.

WEB SITE: Michelle is ready to launch the new official website for our chapter. She presented the initial design and format. Hyperlinks will be added to facilitate getting all information directly to the members or interested individuals. So far the cost has been \$107.21 for this year. It may be accessed on www.Aspm-nova.org. The group praised Michelle for all her work achieving the final website and design.

REPORTS OF CHAPTER OFFICERS:

PRESIDENT: Michelle: As noted above.

PRESIDENT-ELECT: Gerry had no special report.

SECRETARY: Judy had no special report.

TREASURER: Flo reminded everyone that the Chapter Postal Box rental is due. Discussion involved just how much usage this box gets. It was decided that the PO box shall be closed if the cost to maintain prohibits and Flo will receive all mail at her home address. A decision will be made by the end of January, 2010 and be publicized throughout our mailings and information. Flo also mentioned her concern that our total treasury amount is slowly trickling downward. Ideas were discussed to increase revenue. A 50-50 raffle will be held at the next full educational meeting. Regina will write the national office to request the Silent Auction money from the Jacksonville Convention participation. At our Joint Educational meeting in April, we will possibly hold a silent auction as well.

REPORTS OF COMMITTEES:

BUDGET AND FINANCE: Flo presented the Financial Report confirming there is \$1588.72 in the account. (see attached)

BYLAWS: Michelle reported the final copy of our Bylaws will be sent out to the membership and will be posted on our new website.

EDUCATION/RESEARCH/NEWSLETTER/WEBSITE: As noted above

EXECUTIVE: Michelle presented information from National ASPMN, highlighting Theresa's President message noting the ASPMN Key Messages. NoVA ASPMN will try to further incorporate these into our action plans. Also noted are the pursuit of Epidural Practice consistency and competency, creation of a Humanitarian Award, an increase in the time provided to Wade Delk to continue to work on Government issues, and ASPMN The Pain Management Nursing Journal was celebrated as the 8th best ranking journal out of 60 professional nursing journals.

MEDIA/ADVOCACY/POLICY: Regina write an email from Wade Delk, the ASPMN Government Affairs Director: "ASPMN has been working to get additional funding for the Title VIII funding at HRSA...We were able to get an increase in those programs (which includes educational and training dollars for nursing programs. The total funding is \$243 million, an increase of over \$70 million from the [previous year...Also as a result of our participation in the Nursing Network (Senior Government Affairs staff of nursing organizations) we have been invited to be a part of a group that focuses on a wide spectrum of issues impacting nursing and healthcare. They would like to have us there to represent the pain community of nursing. "

MEMBERSHIP: Michelle reported 3 new national members have joined from Virginia but have not yet joined our chapter. 2010 National Membership = 55. Chapter members to date, active to June 2010, =13.

NOMINATING COMMITTEE: Ne report

NEW BUSINESS:

2010 PROGRAM PLANNING: The following programs and dates have been scheduled

- A. 1st or 2nd week in March: Business/Educational Meeting, Chris Rupprecht, speaker on Ketamine
- B. April 10th (backup on April 17th) Educational Meeting- 4 hours-will coordinate with ONS and Maryland Chapter of ASPMN for a joint meeting.
- C. May 15th, 2010, Business Meeting (on a Saturday morning), meeting place TBA

NEW MEMBER COMMITTEE MEMBERS: Dee Eldardiri will be asked her preferences for committee work. We will also ask if she can assist with the CEU portion of our educational meetings. Tammy Shearow to be approached about joining chapter and involvement in Community Outreach. She has expressed interest in the past.

ADJOURNMENT: The meeting was adjourned at 2030.

Respectfully submitted,

H. Judy Jenkins, Secretary

