

AMERICAN SOCIETY FOR PAIN MANAGEMENT NURSING-NORTHERN VIRGINIA CHAPTER

BUSINESS MEETING- NOVEMBER 4, 2009

CALL TO ORDER: Meeting was called to order by President Regina Stiles at 1845.

ATTENDEES: Gerry Higgins, Flo Mooney-Cotter, Michelle Jacques, H. Judy Jenkins and Regina Stiles.

REVIEW/APPROVAL OF MINUTES: The minutes from the September meeting were approved with the following corrections: Under the Newsletter Committee, the words "MD/DC" will be omitted. Also the newsletter will be mailed out to Chris Clyde of the Maryland ASPMN Chapter and the District of Columbia member. The Survey Monkey was discussed but the ownership was not delegated.

REPORTS OF CHAPTER OFFICERS:

Secretary: No report

Membership: Michelle reported no change in membership but provided all attendees with a copy of the 2010 ASPMN Active Virginia Member Chart based on national membership. Michelle will undertake to cross reference the VA members details with our chapter listings. Then she will send out a letter to all active VA members to see if they want to continue with chapter communications and announcements on the gmail google group. She will attach a copy of the newly published Chapter Newsletter.

Treasurer: Current balance is \$1588.72. Flo reported that there were no outstanding bills and no income is expected. From the recent meetings we are down approximately \$50.00. The mailbox fees are due in January and Flo will cover that.

IMMEDIATE BUSINESS:

Bylaw Revision: The group made extensive changes to the bylaws, which are attached. Several of the changes were to come into compliance with the national chapter and to wordsmith some phrases for clarity. Michelle will type up the bylaw changes and distribute a copy to the members.

Election Results: Congratulations were offered for the new 2010 Slate of Elected Officers:

Michelle Jacques- President, Gerry Higgins-President-Elect, Florence Mooney-Cotter-Treasurer, H. Judy Jenkins-Secretary, and Regina Stiles, Immediate Past President.

COMMITTEE REPORTS:

Newsletter: Gerry presented a completed draft template for the new newsletter. Some of the information was rearranged for clarity. Gerry suggested newsletter, future educational flyer and a notice be sent to members on the email list to see if anyone wants to be excluded in the mailings.

Meeting Locations: Regina is continuing to search for other locations besides Reston Hospital, but facilities charge fees which are inhibitive. Suggestions were made to check out community rooms as a resource. Flo will check area libraries or her husband's business meeting room for January location.

Membership Drive: Flo emphasized that personal contact with potential members through work or networking is the best method of recruitment and advertisement.

Community Service Projects/Outreach: Flo reported that her church was receptive to a community program on pain awareness that could also be shared with others in 2010. Other suggestions were to create a "Wellness Fair" with the use of a massage chair as a draw item. No report has been received about the gift items taken to Walter Reed from the last meeting.

Budget: No Report.

Education/Research: No Report.

Chapter Website: Michelle motioned that we go forward with a Chapter Website and offered some price ranges and features. GoDaddy.com was recommended. For a payment of \$60-100.00 several features can be offered and tailored to the needs of our group. Currently 5 other chapters have such websites. Discussion did not support "store options" or any type of money submissions to the site.

Media/Advocacy/Policy: Regina is currently following the national trends and will update as needed.

Nominating: Gerry reported out that this committee has completed its work. Regina will now be the chairman.

#### NEW BUSINESS:

Future Meetings: Regina stressed that a Saturday meeting might bring out new members. Nancy Eksterowicz from Charlottesville wants to present information about a virtual chapter meeting. The group voted to invite her to speak and entertain discussion about the possibilities.

Sigma Theta Tau Joint Meeting: Gerry has coordinated with members of this group to coordinate a meeting to be held at PJ Skidoos in Fairfax on November 18<sup>th</sup>. Flo and Gerry will be presenters on the topic "New Practices in Pain Control".

The Maryland Chapter of ASPMN (Chris Clyde, President) would like to join us for a meeting in the spring.

Chris Rupprecht stated she could present an educational meeting on Ketamine. Gerry would like to present the University of Wisconsin PRN Champion program. This could be a money making effort for the chapter. Half-day sessions were discussed.

#### EXECUTIVE:

Regina presented the President's End of Year Remarks in which she summarized the accomplishments of 2009. Many opportunities were listed as considerations for the next year of planning for ASPMN. The group applauded her efforts and thanked her for her service.

NEXT BUSINESS MEETING LOCATION: Flo will check on a meeting place for early January.

ADJOURNMENT: Meeting adjourned at 830pm.

Respectfully submitted:

H. Judy Jenkins, Secretary