



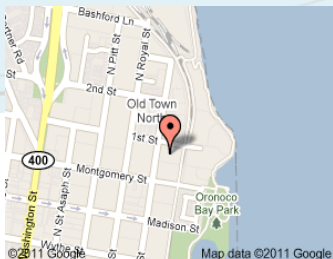
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NORTHERN VIRGINIA LOCAL
CHAPTER OF ASPMN PRESENTS:

Complexities
In
Pain Management
Creating Solutions

March 19, 2011

Crowne Plaza
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COMPLEXITIES IN PAIN MANAGEMENT

KEYNOTE SPEAKER
DR. HOWARD HEIT

MARCH 19, 2011
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MARCH 19, 2011

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ASPMN is an approved provider of continuing nursing education by the New York State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

It has been assigned code 7SQHT-PRV-09

This offering has been submitted for approval of 5 (five) contact hours through ASPMN

TARGET AUDIENCE

RNs, NPs, PAs, Physicians, Students and Healthcare Professionals who care for persons with pain.

GOAL

The goal of this activity is to offer expert information that will assist healthcare providers who work with individuals with complex pain scenarios to enhance their ability in managing pain.

FINANCIAL SUPPORT/DISCLOSURE

This conference is supported in part by exhibit fees. Appropriate acknowledgement will be given to all supporters at the time of the conference. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current and objectively presented.

CANCELLATION/REFUND POLICY

A refund minus \$30 administration fee will be provided with written notification of your request to cancel postmarked prior to March 11, 2011. Weather may require the presentation to be rescheduled, but not cancelled.

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Gwenn Herman LCSW-C, DCSW has over 30 years experience in the field of Social Work. Clinically, she specialized in the fields of alcohol and substance abuse, physical and sexual abuse and dual diagnosis. In 1995, Gwenn was injured in an automobile accident. The lack of support, education and information available led to the creation of Pain Connection – Chronic Pain Outreach Center, Inc. in 1999. The American Pain Foundation appointed Gwenn in 2004 as the Maryland State Leader for the Power Over Pain advocacy program and she is currently a member of the Advisory Council on Prescription Monitoring appointed by the Maryland Department of Health and Hygiene.

CONFERENCE PLANNING COMMITTEE

Michelle Jacques BSN, RN-BC, CMT
Gerry Higgins MSN, RN-BC, OCN
Florence Mooney-Cotter CNS-BC
Regina Stiles BS, RN-BC
Mary Beth Smith BSN, RN-BC
June Oliver MSN, APN/CNS, ASPMN Meeting Liaison

SPEAKERS



Howard Heit M.D., F.A.C.P., F.A.S.A.M. is Board Certified in Internal Medicine & Gastroenterology /Hepatology. He is a Diplomat in Addiction Medicine and a Certified Medical Review Officer. He is a Chronic Pain Specialist. Currently, Dr. Heit is an Assistant Clinical Professor at Georgetown University. He has lectured and published extensively on the interface of pain and addiction medicine. Dr. Heit has been awarded the "Clinical Pain Educator of the Year" Award in 2009, by the American Society of Pain Educators. He has lectured and published extensively on the interface of pain and addiction medicine.



Gerry Higgins MSN, RN-BC, OCN has been a Registered Nurse for approximately 35 years with experience as a Clinical Specialist for Pain Management at Inova Alexandria Hospital for the past nine years serving as a resource in all areas of pain management for all inpatient populations. She is board certified in Pain Management Nursing and Oncology Nursing. Gerry's interest in pain management began while working in the oncology specialty area. In her present role, she has assisted in many pain initiatives including the development of the pain resource champion program and PCA patient safety programs. In 2003, Gerry was chosen as a member of the national Content Expert Panel by the American Nursing Credentialing Center to assist with the development of the pain management certification examination.



George Van Osten M.D. graduated from Michigan State University, and then completed both a residency in Anesthesiology and a fellowship in Anesthesiology with an emphasis on Clinical Pharmacology at the University of Virginia. He came to Winchester Anesthesiologists in 1979 and practiced anesthesia and pain management as part of the group until September of 2003. Since then, his focus has been solely on pain management, with a special interest in interventional procedures for treatment of chronic pain. He holds board certifications in Pain Management and Anesthesiology. Dr. Van Osten is a past president of the Virginia Society of Anesthesiologists, and a current member of the Board of Directors of Winchester Medical Center. He is the president and founder of Advanced Pain Relief Centers.



Micke Brown, BSN has been a Registered Nurse for over 30 years with over 15 years experience as a pain management nurse, program coordinator, educator and advocate. She has served as a clinical nurse specialist, case manager and director of pain services during her tenure within the healthcare industry. Ms. Brown is the Communications Director for the American Pain Foundation (APF). Her public speaking is extensive to both professional and consumer audiences. As an active member of the American Society for Pain Management Nursing (ASPMN), Micke served on the ASPMN board of directors from 1998-2000 and was elected as their president for 2003-2004. Micke is the 2006 recipient of the Richard S. Weiner Pain Education *Fund Advocacy for People with Pain Award* from the American Academy of Pain Management.

PROGRAM

- 0800-0830 Registration & Continental Breakfast
Vendor Exhibits
- 0830-0930 "Myths, Misconceptions and Truths in Pain Management"
Speaker: Gerry Higgins MSN, RN-BC, OCN
- 0945-1115 "Defensible, Rational and Compassionate Pain Management"
Speaker: Dr. Howard Heit M.D., F.A.C.P., F.A.S.A.M.
- 1130-1230 "An Advance in Multimodal Analgesic Therapy" (Non CEU)
Speaker: Robert Hanson M.D. sponsored by Pricara
- 1245-1345 "Advances in Interventional Pain Management"
Speaker: Dr. George Van Osten, M.D.
- 1400-1530 "Lifting the Emotional Burden of Living with Pain"
Speaker: Micke Brown BSN, RN and Gwenn Herman LCSW-C, DCSW
- 1530-1600 Evaluation, Door Prizes & Award CEU's

LEARNING OBJECTIVES

1. Identify best practices in pain management based on standards and research
2. Identify pharmacologic management for persons with pain using specific analgesic agents
3. Define such terms as addiction, physical dependence, and tolerance
4. Describe strategies for maintaining boundaries with patients who are receiving ongoing treatment with opioids.
5. Discuss a practical approach to community management of chronic pain patients using the "Universal Precautions in Pain Medicine"
6. Identify various chronic pain states where interventional modalities are indicated.
7. List and discuss advanced interventional pain management procedures
8. Discuss the various contributors to the emotional burdens of living with pain
9. Describe one strategy that can be used to mitigate those burdens that can be applied in clinical practice
10. Incorporate psycho-social support assessment and planning as an integral part of pain assessment